

KHS saves lives

How can you save three lives? Easy, donate blood. That's exactly what many Kaufman High School students did when Carter Blood came to the school before the Thanksgiving holiday.

It is a very simple process to sign up and donate. All you had to do was sign up for an appointment, fill out some paperwork, and donate. It's that simple. For Mrs. Carey Murphy, well it wasn't that easy. She went in with a positive attitude, being her first time to donate, and came out with a morbid look on her face. She had some slight nausea, and dizziness, but that can be sometimes be associated with not doing what is advised before donating.



Tracy Hagler
Managing Editor

It is recommended that you eat a well-balanced meal that is high in protein. You must also meet the requirements of being at least 17, 110 pounds, and no recent tattoos or body piercings.

I had my appointment set for 10:30. It was also my first time to donate blood. I choose to have RBC, which is were they only take the red blood cells, and give you back your plasma and white blood cells. There are some requirements to choose this option. You have to be a certain weight, height, and have a high iron count. You also have the option to just give whole blood as opposed to RBC.

I went in and filled out all the papers and of course, some of the questions they ask are quite dim-witted. Once complete, off to the chair you go. From there it's pretty simple. They stick a needle in you and begin drawing blood. The machine goes through two cycles. First it takes blood, separates the red and white cells, and then it releases the plasma back into you. Next, it repeats the cycle.

When it sends the plasma back into you, it is at room temperature. Therefore, it makes you very cold. I'm talking cold from the inside out. Once complete, you're free to go.

My experience was a good one, and knowing that I can save some lives is what is most important. This blood drive has proven to be a good way to help out those in need. I encourage everyone to donate blood when Carter Blood Care comes back for the spring blood drive.



Photo by Tracy Hagler

Blake Burleson donated blood at KHS.

Letters to the Editor

Your article about Dallas Crown quoted their spokesperson Jim Bradshaw as saying it cost between \$800 and \$1,200 to dispose of a horse.

Where did he get this information? From a funeral home?

I paid \$100 to have my horse buried by a local contractor with a backhoe.

Thank you for your outstanding article. You are providing a valuable service to your community.

Sincerely,
Mary S. Nash

Corrections

In the October issue of the Lion's Pride, the following mistakes were made:

Your Opinion

How do you feel about the outcome of the Presidential Election?



"We want Clinton back."
—Jordan McFarlin, Senior



"I didn't want either, I should be president."
—Brady Fivecoat, Junior



"Bush is a war criminal, and he has killed too many innocent people. I think Kerry deserved it."
—Laci Hubbard, Sophomore

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Mission Statement

The Lion's Pride, is to inform Kaufman High School and the Kaufman Community. It is published monthly for students. The Lion's Pride is available in a copy of the publication.

Policy

The opinions of the writers and staff are not necessarily the views of Kaufman High School or Kaufman Independent School District its faculty or staff. The Lion's Pride provides an opportunity for the discussion of issues of concerns to the community.

Letters to the Editor

Letters to the editor. We reserve the right to edit for clarity and brevity.